

April 4 - May 4, 2023 from 5:00 - 6:00pm

Swim For Your School is a program that introduces swimmers to competitive swimming. The children will learn and practice all four strokes, as well as starts and finishes. A small, fun swim meet will be held at the end of the program for all swimmers. This program is held at the Northampton Middle School, Gwen L. Whilidin Natatorium

PRACTICE

MONDAY & WEDNESDAY – George Wolf, Lehigh Township & Moore Township Schools (and students of online/charter schools who live in the NASD)

TUESDAY & THURSDAY – Borough (Siegfried/Franklin)

SWIM MEET (with our Middle/High School group)

THURSDAY, MAY 4th

Warm-up at 5pm; Meet starts at 5:30pm

\$100 for the session

No Competitive Swimming Experience Necessary but swimmers MUST be able to swim the length of the pool (25 yards) unassisted

Participants need a swimsuit (jammer for boys, one piece suit for girls), swim cap, goggles, towel and water

Registration is open until March 10th Go to www.NorthamptonSwim.com

QUESTIONS: Email NorthamptonSBC@gmail.com

