



Come join the fun starting May 6th!!

Ages 6 thru 18 summer swim team competing against local teams as part of the Suburban Swim League. All levels of swimming ability are welcome and no competitive experience is required. You do not have to be a Northampton Area School District student to join this team.

| GROUP | DESCRIPTION | PRACTICE TIMES | COST |
|--------|---|---|---|
| White | Beginner – Any Elementary or Middle School swimmer that can swim the length of the pool unassisted | May 6 – June 6 6:00-7:00pm June 10 – July 17 9:45am-11am | \$220 -or- (4 payments of \$55) |
| Orange | Competitive swimmers who have had at least 1 year of swim experience and are in Elementary and Middle School | May 6 – June 6 4:45-6:00pm June 10 – July 18 9:45am-11am | \$225 -or- (4 payments of \$56.25) |
| Black | Advanced Competitive Swimmers – ALL High School swimmers as well as year-round Middle School Swimmers with at least 2 years of swim experience | May 6 – June 6 2:45-4:45pm June 10 – July 18 8:00am-9:45am | \$240 -or- (4 payments of \$60) |
| • | This practice will be offered to Black group and select Orange group swimmers competing in USA Swimming Long Course Swim Meets ild Discounts Available all days is not necessary but highly recommended | Monday and Wednesday ONLY June 10-July 17 8:00am-10:00am *\$100 Fully Refundable Volunteestart of the season | *A coach can make an exception to change a swimmers group and practice times based on ability. ering Deposit (check hold) collected at the |

SESSION DATES: Monday-Thursday May 6th – July 20th Summer Swim Champs will be held on 7/20

PRACTICE LOCATION:

Gwen L. Whildin Natatorium Northampton Middle School Pool

Team suit or plain black racing suit required. Swimmers must provide their own swim goggles. A team latex cap will be provided. <u>MEETS:</u> Season includes 8 meets (4 home and 4 away) and one qualifying championship meet at the end of the season. Must compete in 5 out of 8 meets to compete in the champs meet. Full meet schedule is available online.

Home meets are held at the Northampton Middle School pool. Away meets will be held at outdoor public pools throughout the Lehigh Valley. Champs meet will be held at Palmerton pool.

PLEASE NOTE:

This program is not a swim lesson - All swimmers MUST be able to swim one length of the pool unassisted to join the team.

Swim tests – if needed - will be done the first week of practice.



SIGN-UPS: now thru April 25th online at www.NorthamptonSwim.com

Questions: Email NorthamptonSBC@gmail.com